



## YOU CAN

### MAKE A DIFFERENCE

The Penguin Plunge will take place on February 16, 2013 at Sportsman's Warehouse Parking lot, 3797 E.

Fairview Ave, Meridian. By taking the plunge, you can help raise money and awareness for our



Special Olympic athletes who train so hard to be able to compete in the Special Olympic games. Without the generous support and donations from our community, Special Olympics would not be possible.

**"Let me win. But if I cannot win, let me be brave in my attempt"**

*-Special Olympics athlete oath-*

### How it all started...

Eunice Kennedy Shriver believed that people with intellectual disabilities were far more capable than commonly believed and far more deserving of the same opportunities and experiences as others. In June of 1962, she invited 35 boys and girls with intellectual disabilities to Camp Shriver, a day camp at her home on her lawn to explore their capabilities in a variety of sports. By 1968 there were over 30 similar camps across the nation and the first International Special Olympic Games were held in Chicago that year. Let the games begin!

**"You know, Eunice, the world will never be the same after this"**

*-Chicago Mayor, Richard Daley, after the First International Special Olympic Games in 1968-*

### Special Olympics Idaho

Idaho has 2,700 amazing athletes who train and compete year round in Olympic-type sports. Please help us in our efforts to grow so that we can offer more sports and support more athletes here in Idaho.

## IT'S SO EASY A PENGUIN CAN DO IT!



### STEP 1: Register for the Plunge.

You can fill out the registration form on this brochure and mail or fax it to the Special Olympics Idaho, bring it with you day of or, you can register online. It's easy! Go to [www.idso.org](http://www.idso.org) and click on the Penguin Plunge logo. It will take you to our online registration site. You can create teams too! Just make sure each person on your team registers.

### STEP 2: Collect Pledges.

Go out and ask for pledges from family, friends, neighbors or co workers. You can use the pledge form on this brochure or you can create your own online fundraising site. Visit [www.idso.org](http://www.idso.org) and select the Penguin Plunge in your area of the State to get started. Then e-mail additional friends and family asking them to support you by donating to your personal fundraising webpage. It is easy and fast! All donations from the web go directly to Special Olympics Idaho. All other pledges must be collected before the plunge and brought with you to the Plunge Registration/Check-In.

### STEP 3: Read and Sign Waiver

Make sure you bring your signed waiver to the plunge or sign one at registration the day of. "Penguins" under the age of 18 must have a parent/guardian read and sign the waiver.

### STEP 4: HAVE FUN!!

Have fun and feel good about helping support our Special Olympic Athletes!



Website Registration

[www.idso.org](http://www.idso.org)

Fax Registration

208-323-0486

Email registration

[shannon@idso.org](mailto:shannon@idso.org)

Mail Registration

Special Olympics of Idaho

199 E. 52nd Street

Garden City, Idaho 83714



**Special Olympics**

*Idaho*



**Saturday, February 16, 2013**

**Sportsman's Warehouse**

**3797 E. Fairview Avenue**

**Meridian, Idaho**

**10:00 am– Entertainment and  
Registration**

**Plunge Start at Noon**

*A Cool Way for People With  
Warm Hearts to Support  
Special Olympics Idaho.*