

Registration Form

Penguin

Adult (18+) Youth (under18)

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

- I would like more information on volunteering with Special Olympics of Idaho.
- I am unable to take the plunge but would like to donate \$ _____ to be a Cyber Plunger.
- I am a member of the Law Enforcement community.

T-SHIRT: S M L XL XXXL

WAIVER
In consideration of participating in the Law Enforcement Torch Run® Penguin Plunge ("Event"), I represent that I understand the nature of the Event and that I and/or my minor child is qualified, in good health, and in proper physical condition to participate in such Event. I acknowledge that if I and/or my minor child believe Event conditions are unsafe, I and/or my minor child will immediately discontinue participation in the Event.

I fully understand that Event involves risk of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the Event, the conditions in which the Event takes place, or the negligence of the "Releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I and /or my minor child incur as a result of my and/or my minor child's participation in the Event. Additionally, I grant Special Olympics Idaho permission to use my likeness in any media form.

I hereby release, discharge, and covenant not to sue Special Olympics Idaho, Law Enforcement Torch Run®, Wal-Mart, ALL OTHER SPONSORS INCLUDED HERE, Special Olympics, Inc., their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Event takes place, (each considered one of the 'RELEASEES' herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my and/or my minor child's behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost which may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, AND PARENTAL CONSENT AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Signature _____ Date _____

Print Name _____

Parent or Guardian _____ Date _____
(If under the age of 18 years old)

CUT HERE AND MAIL OR FAX FORM TO SPECIAL OLYMPICS IDAHO. YOU CAN ALSO REGISTER ON LINE WWW.IDSO.ORG

FREEZIN FOR A REASON PENGUIN PLUNGE CONTRIBUTION FORM

Penguin
 Adult (18+) Youth (under18)

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

YES! My company has a matching gift policy

Total Contributions \$ _____ ☆

Total Collected \$ _____ ☆

Please make checks payable to Special Olympics of Idaho.

A minimum of \$50 must be raised in order to plunge. ☆ ☆ ☆

Sponsor's Name	Address	Contribution

For additional pledge forms visit our website at www.idso.org and click on the Penguin Plunge logo.

Helping Special Olympic Athletes
Dreams come true has its rewards...
☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆
All plungers will receive a FREE Penguin Plunge shirt!

Raise \$250+
Receive a iTunes Gift Card

Raise \$500+
Receive an iPod Shuffle

Raise \$1000+
Receive an iPod Touch

Raise \$50
Receive an Event T-Shirt

POWER PLUNGERS!

For the fifth year in a row four brave souls will be taking the plunge every hour for 24 hours to help raise funds and awareness for Special Olympics Idaho. Businesses can help these penguins out by sponsoring “an hour of power.” For more information on how to become involved contact Laurie at 323-0482, ext 12 or llaforlette@idso.org. Their final hour plunge will take place with the rest of the plungers on Saturday, February 18, 2012.

☆ Tips For Penguins

- * **Bring a robe**...great for putting on while waiting to plunge in and even better to put on as you dry off.
- * **Tennis shoes or water shoes are required** ...remember that the ground is freezing!
- * **Bring towels** or a blanket...you need to dry off with something!
- * **For after the plunge**, bring layered, loose-fitting clothing...it's easier to get into when your fingers are numb.
- * **Plunge with a friend or team.** It's way more fun!
- * **Minimum pledge amount of \$75 is required in order to plunge.**
- * **No diving or entering the water head first!**
- * **NO wet suits allowed!!** Penguins don't wear wets suits so you don't either.
- * Plungers will thaw out in the **hot tubs and warming tents** we'll have on site.

YOU CAN

MAKE A DIFFERENCE

The Penguin Plunge will take place on March 17, 2012 at Sportsman's Warehouse Parking lot, 2909 S 25 East, Idaho Falls. By taking the plunge, you can help raise money and awareness for our Special Olympic athletes who train so hard to be able to compete in the Special Olympic games. Without the generous support and donations from our community, Special Olympics would not be possible.



"Let me win. But if I cannot win, let me be brave in my attempt"

-Special Olympics athlete oath-

How it all started...

Eunice Kennedy Shriver believed that people with intellectual disabilities were far more capable than commonly believed and far more deserving of the same opportunities and experiences as others. In June of 1962, she invited 35 boys and girls with intellectual disabilities to Camp Shriver, a day camp at her home on her lawn to explore their capabilities in a variety of sports. By 1968 there were over 30 similar camps across the nation and the first International Special Olympic Games were held in Chicago that year. Let the games begin!

"You know, Eunice, the world will never be the same after this"

-Chicago Mayor, Richard Daley, after the First International Special Olympic Games in 1968-

Special Olympics Idaho

Idaho has 2,500 amazing athletes who train and compete year round in Olympic-type sports. Please help us in our efforts to grow so that we can offer more sports and support more athletes here in Idaho.

IT'S SO EASY A PENGUIN CAN DO IT!



STEP 1: Register for the Plunge.

You can fill out the registration form on this brochure and mail or fax it to the Special Olympics Idaho, bring it with you day of or, you can register online. It's easy! Go to www.idso.org and click on the Penguin Plunge logo. It will take you to our online registration site. You can create teams too! Just make sure each person on your team registers.

STEP 2: Collect Pledges.

Go out and ask for pledges from family, friends, neighbors or co workers. You can use the pledge form on this brochure or you can create your own online fundraising site. Visit www.idso.org to get started. Then e-mail additional friends and family asking them to support you by donating to your personal fundraising webpage. It is easy and fast! All donations from the web go directly to Special Olympics Idaho. All other pledges must be collected before the plunge and brought with you to the Plunge Registration/ Check-In.

STEP 3: Read and Sign Waiver

Make sure you bring your signed waiver to the plunge or sign one at registration the day of. "Penguins" under the age of 18 must have a parent/guardian read and sign the waiver.

STEP 4: HAVE FUN!!

Have fun and feel good about helping support our Special Olympic Athletes!



Website Registration

www.idso.org

Fax Registration

208-323-0486

Email registration

lafollette@idso.org

Mail Registration

Special Olympics of Idaho

199 E. 52nd Street

Garden City, Idaho 83714



Special Olympics
Idaho



Saturday, March 17, 2012

Sportsman's Warehouse

2909 S 25 East

Idaho Falls, Idaho

11:00 am Registration

*A Cool Way for People With
Warm Hearts to Support
Special Olympics Idaho.*