It's so Easy, a Penguin Can do it!

STEP 1: Register for the Plunge.

You can fill out the registration form on this brochure and mail or fax it to the Special Olympics Idaho, bring it with you day of, or register online. It's easy! Go to www.idso.org and click on News And Events / Upcoming Events. Then, select the Penguin Plunge in your area and follow the link to the registration site. You can even create teams! Just make sure each person on your team registers individually.

STEP 2: Collect Pledges.

Go out and ask for pledges from family, friends, neighbors, and coworkers. You can use the pledge form on this brochure, or you can create your own online fundraising site. Visit <u>www.idso.org</u> to get started. Then email additional friends and family asking them to support you by donating to your personal fundraising webpage. It is easy and fast! All donations from the web go directly to Special Olympics Idaho. All other pledges must be collected before the plunge and brought with you to the Plunge Registration/ Check–In.

STEP 3: Read and Sign Waiver

Make sure you bring your signed waiver to the plunge or sign one at registration the day of. "Penguins" under the age of 18 must have a parent/guardian read and sign the waiver.

STEP 4: HAVE FUN!!

Have fun and feel good about helping support our Special Olympics athletes!

You Can Make a Difference!

The Penguin Plunge will take place on Saturday, April 13, 2019 at the Walmart in Ontario. By taking the plunge, you can help raise money and awareness for our Special Olympic athletes who train hard to compete in Special Olympics. Without the generous support and donations from our community, Special Olympics would not be possible.

"Let me win. But if I cannot win, let me be brave in the attempt." Athlete Oath

Website Registration www.idso.org

Select Four Rivers Plunge under upcoming events.

Mail Registration to Special Olympics Idaho: 199 E. 52nd Street Garden City, Idaho 83714







Saturday, April 13, 2019

Walmart - Ontario 1775 E Idaho Ave Ontario, OR 97914 Registration Starts at 11:00am Plunging Starts at 12:00pm

A cool way for people with warm hearts to support Special Olympics Idaho.

Registration Form

Olympics Idaho

Penguin

Name

City

Phone

Email

Address

Adult (18+) \Box Youth (under 18)

_____ State

Plunge Contribution Form

CUT HERE

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So

Adult (18+) □ Youth (under 18)

Name		
Address		
City	State	Zip
Phone		
Email		
YES! My company has	a matching gift po	olicy
Total Contributions \$		
Total Collected \$		

б I am unable to take the plunge but would like to donate SPECIAL to be a Chicken Plunger.

I would like more information on volunteering with Special

_____ _____

Zip

WAIVER

In consideration of participating in the Law Enforcement Torch Run® Penguin Plunge ("Event"), I represent that I understand the nature of the Event and that I and/or my minor child is qualified, in good health, and in proper physical condition to participate in such Event. I acknowledge that if I and/or my minor child believe Event conditions are ₫ unsafe, I and/or my minor child will immediately discontinue participation in the Event.

I fully understand that Event involves risk of serious bodily injury, including permanent **O** disability, paralysis and death, which may be caused by my own actions, or inactions, those 🔫 of others participating in the Event, the conditions in which the Event takes place, or the O negligence of the "Releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I and /or my minor child incur as a result of my and/or my minor child"s participation in the Event. Additionally, I grant Special Olympics Idaho permission to use my likeness in any media form.

I hereby release, discharge, and covenant not to sue Special Olympics Idaho, Law Enforcement Torch Rum®, ALL OTHER SPONSORS INCLUDED HERE, Special Olympics, Inc., their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Event takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my and/or my minor child"s behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost which may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, AND PARENTAL CONSENT AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, not- withstanding, shall continue in full force and effect.

Date

Signature	Date_

Print Name

Parent or Guardian

(If under the age of 18 years old)

Please make checks payable to Special Olympics Idaho

Helping Special Olympic Athlete's Dreams come true has its rewards...

Penguin Plunge Prizes:

Raise \$50 = Beach Towel

Raise \$250 = Beanie

Raise \$500 = Fleece Blanket

Raise \$1,000 = Backpack

Sponsor's Name	Address	Contribution

*For additional pledge forms, visit our website at www.idso.rg